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# PMsec: PUF-Based Energy-Efficient Authentication of Devices in the Internet of Medical Things (IoMT)

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# Outline of Talk

- IoMT Security
- Wearable Medical Devices-Security
- Healthcare – Cyber Physical systems (HCPS) Security
- Hardware Security
- PUF – design, varieties, validation
- PMsec – Approach, implementation and Validation
- Conclusion and Future Research

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# IoMT Security Issue is Real & Scary

- Insulin pumps are vulnerable to hacking, FDA warns amid recall:

<https://www.washingtonpost.com/health/2019/06/28/insulin-pumps-are-vulnerable-hacking-fda-warns-amid-recall/>

- Software vulnerabilities in some medical devices could leave them susceptible to hackers, FDA warns:

<https://www.cnn.com/2019/10/02/health/fda-medical-devices-hackers-trnd/index.html>

- FDA Issues Recall For Medtronic mHealth Devices Over Hacking Concerns:

<https://mhealthintelligence.com/news/fda-issues-recall-for-medtronic-mhealth-devices-over-hacking-concerns>

# IoMT Security – Selected Attacks



Source: V. P. Yanambaka, S. P. Mohanty, E. Kougianos, and D. Puthal, "PMsec: Physical Unclonable Function-Based Robust and Lightweight Authentication in the Internet of Medical Things", *IEEE Transactions on Consumer Electronics (TCE)*, Volume 65, Issue 3, August 2019, pp. 388--397.

# Implantable Medical Devices - Attacks



- The vulnerabilities affect implantable cardiac devices and the external equipment used to communicate with them.
- The devices emit RF signals that can be detected up to several meters from the body.
- A malicious individual nearby could conceivably hack into the signal to jam it, alter it, or snoop on it.

Source: Emily Waltz, Can "Internet-of-Body" Thwart Cyber Attacks on Implanted Medical Devices?, *IEEE Spectrum*, 28 Mar 2019, <https://spectrum.ieee.org/the-human-os/biomedical/devices/thwart-cyber-attacks-on-implanted-medical-devices.amp.html>.

# IT Security Solutions Can't be Directly Extended to IoT/CPS Security

## IT Security

- IT infrastructure may be well protected rooms
- Limited variety of IT network devices
- Millions of IT devices
- Significant computational power to run heavy-duty security solutions
- IT security breach can be costly

## IoT Security

- IoT may be deployed in open hostile environments
- Significantly large variety of IoT devices
- Billions of IoT devices
- May not have computational power to run security solutions
- IoT security breach (e.g. in a IoMT device like pacemaker, insulin pump) can be life threatening

Maintaining of Security of Consumer Electronics, Electronic Systems, IoT, CPS, etc. needs Energy and affects performance.

# Wearable Medical Devices (WMDs)

Fitness Trackers

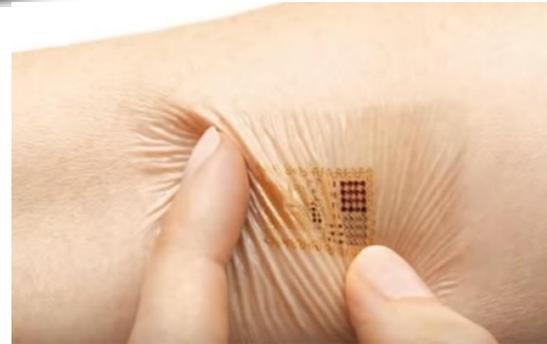


Headband with Embedded Neurosensors



Source: <https://www.empatica.com/embrace2/>

Smart watch to detect seizure



Embedded Skin Patch

Source:

<http://www.sciencetimes.com/articles/8087/20160107/ces-loreals-smart-skin-patch-reveals-long-exposed-sun.htm>

Wearable Medical Devices (WMDs)  
→ Battery Constrained



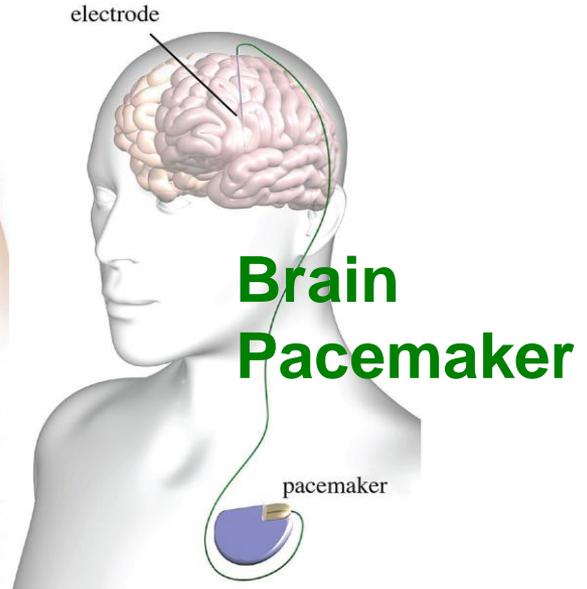
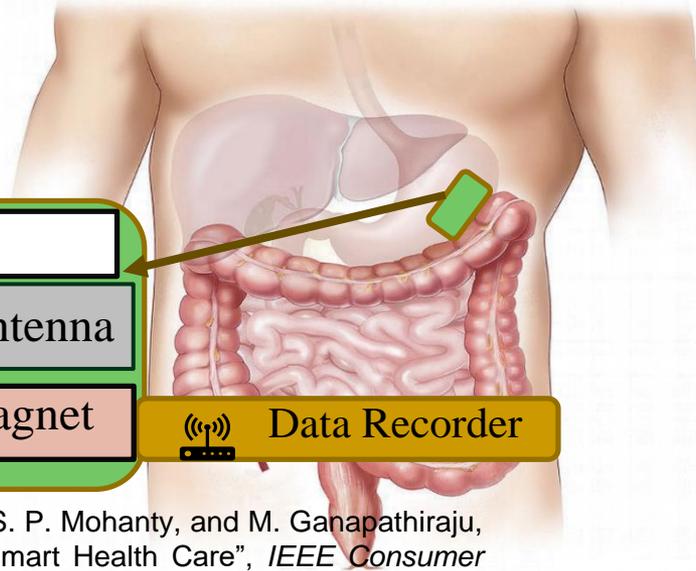
Insulin Pump

Source: <https://www.webmd.com>

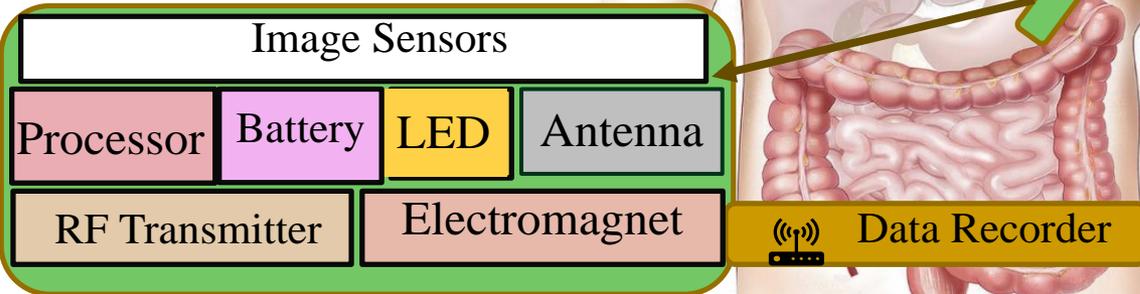
# Implantable Medical Devices (IMDs)



**Pill Camera**



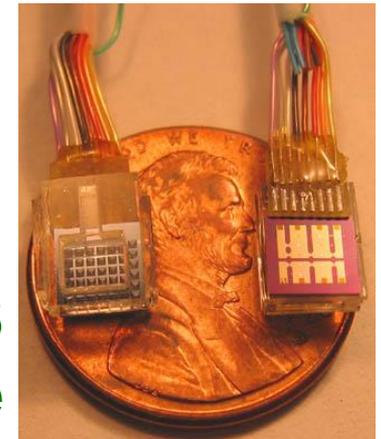
**Brain Pacemaker**



Source: P. Sundaravadivel, E. Kougianos, S. P. Mohanty, and M. Ganapathiraju, "Everything You Wanted to Know about Smart Health Care", *IEEE Consumer Electronics Magazine (CEM)*, Vol. 7, No. 1, January 2018, pp. 18-28.

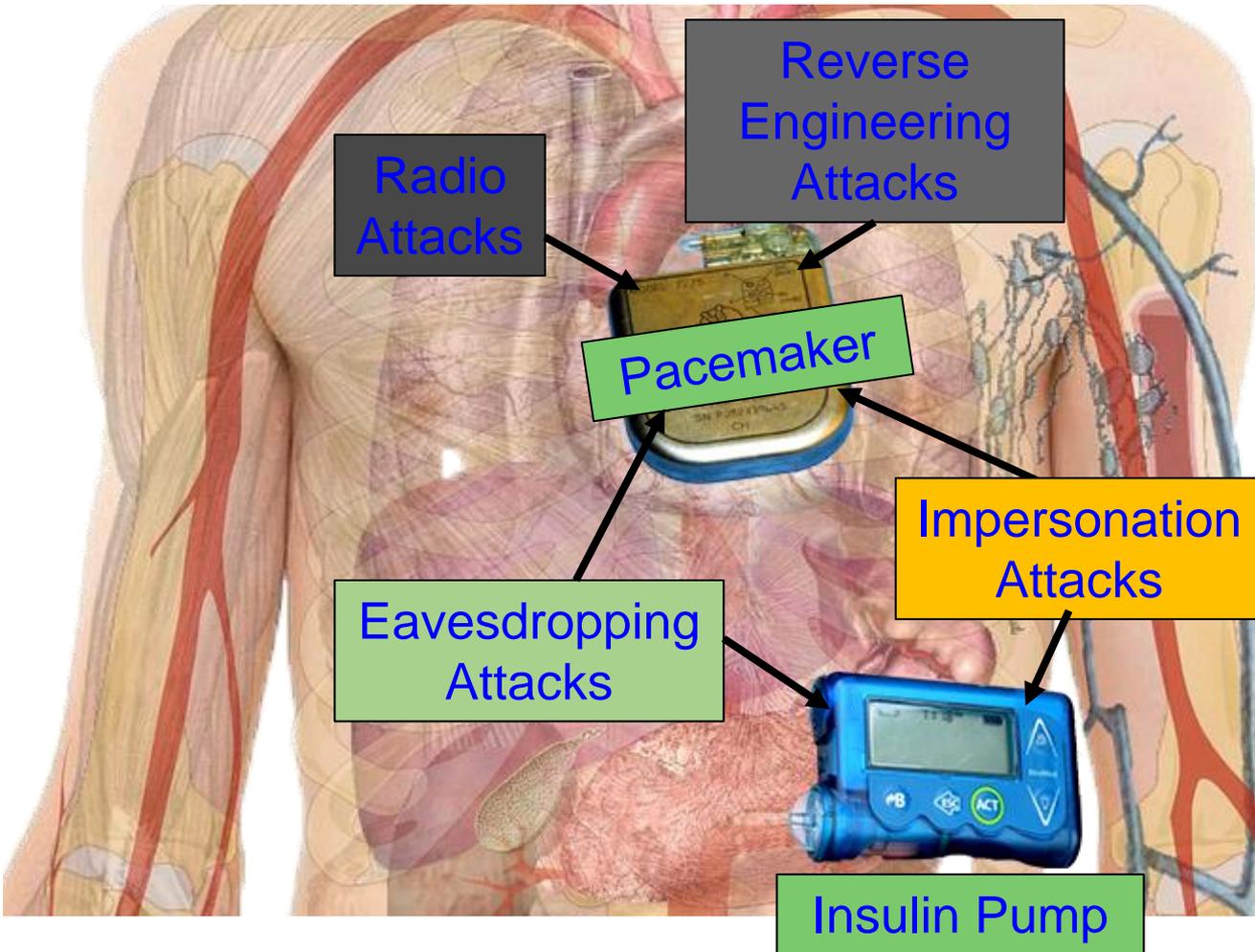
**Collectively:  
Implantable and Wearable  
Medical Devices (IWMDs)**

**Implantable MEMS Device**



Source: <http://web.mit.edu/cprl/www/research.shtml>

# Security Measures in Healthcare Cyber-Physical Systems is Hard



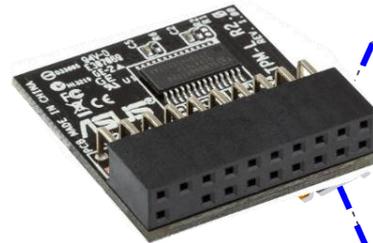
Collectively  
(WMD+IMD):  
Implantable and  
Wearable Medical  
Devices (IWMDs)

Implantable and  
Wearable Medical  
Devices (IWMDs) --  
Battery Characteristics:  
→ Longer life  
→ Safer  
→ Smaller size  
→ Smaller weight

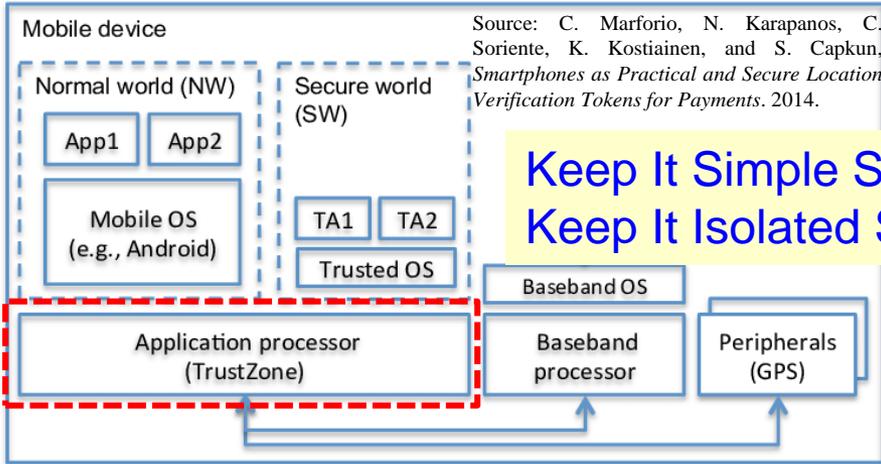
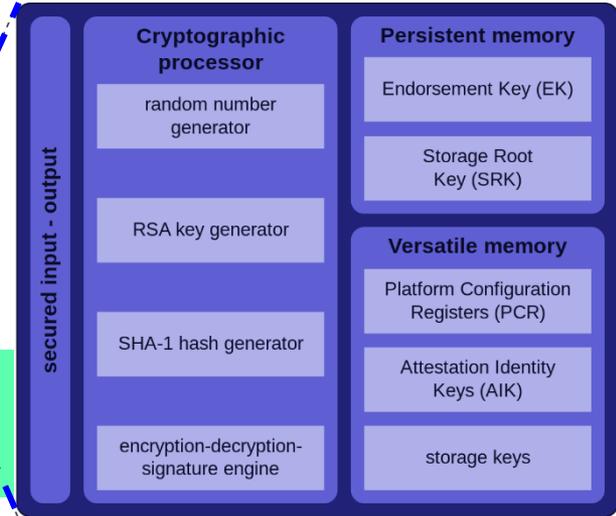
# Hardware Security Primitives –TPM, HSM, TrustZone, and PUF



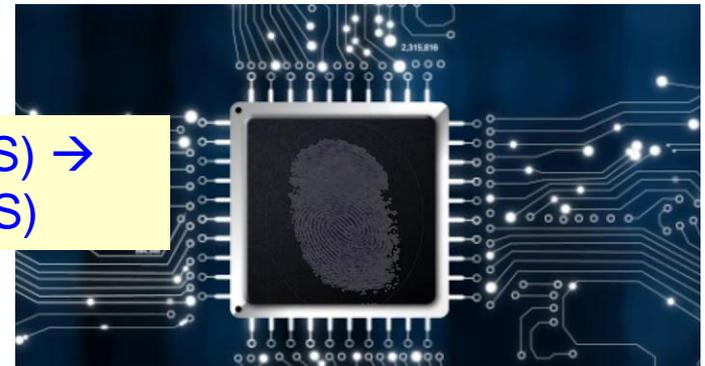
Hardware Security Module (HSM)



Trusted Platform Module (TPM)



Keep It Simple Stupid (KISS) →  
Keep It Isolated Stupid (KIIS)



Physical Unclonable Functions (PUF)

Source: Electric Power Research Institute (EPRI)

# Physical Unclonable Functions (PUFs)

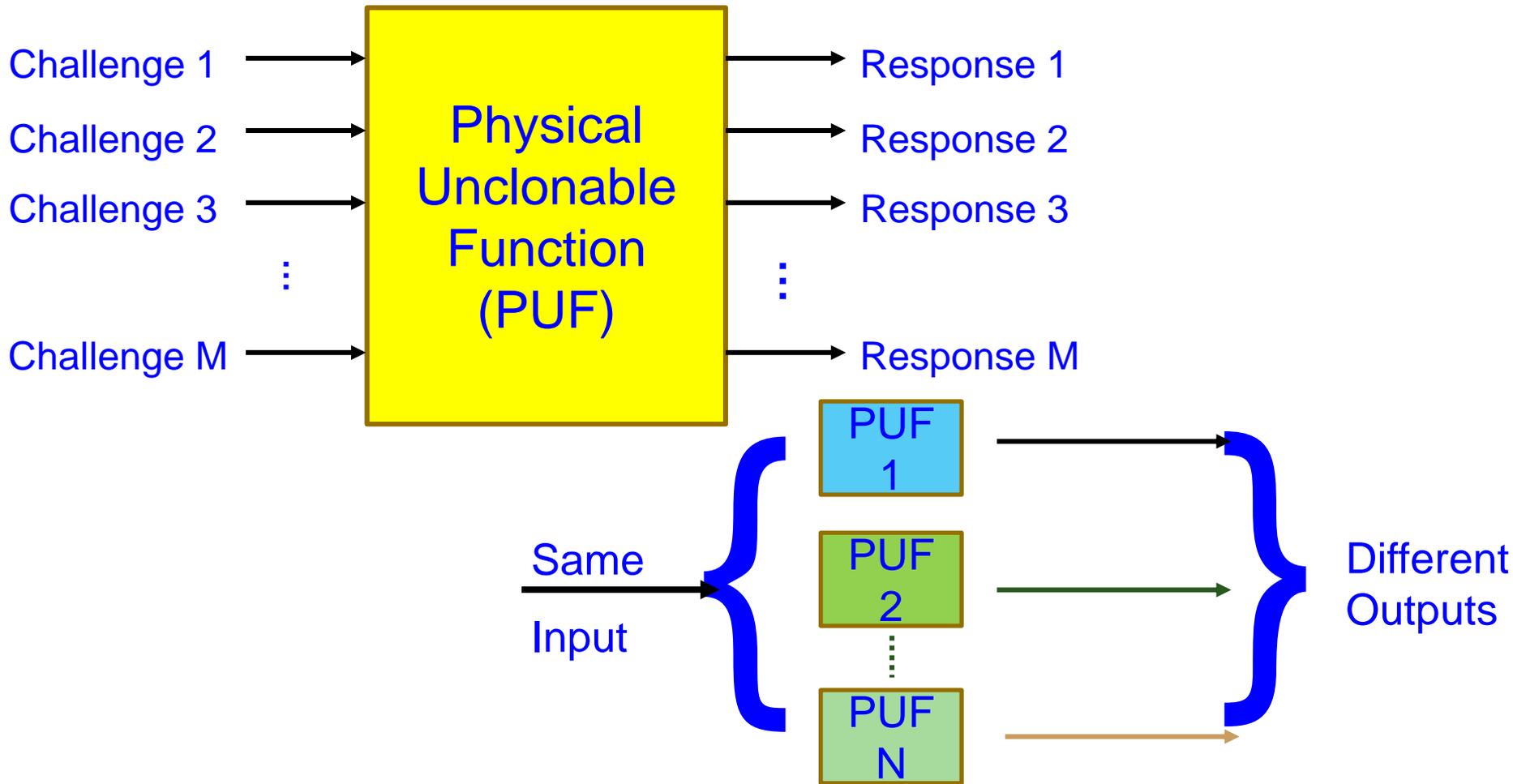
- Physical Unclonable Functions (PUFs) are primitives for security.
- PUFs are easy to build and impossible to duplicate.
- The input and output are called a Challenge Response Pair.



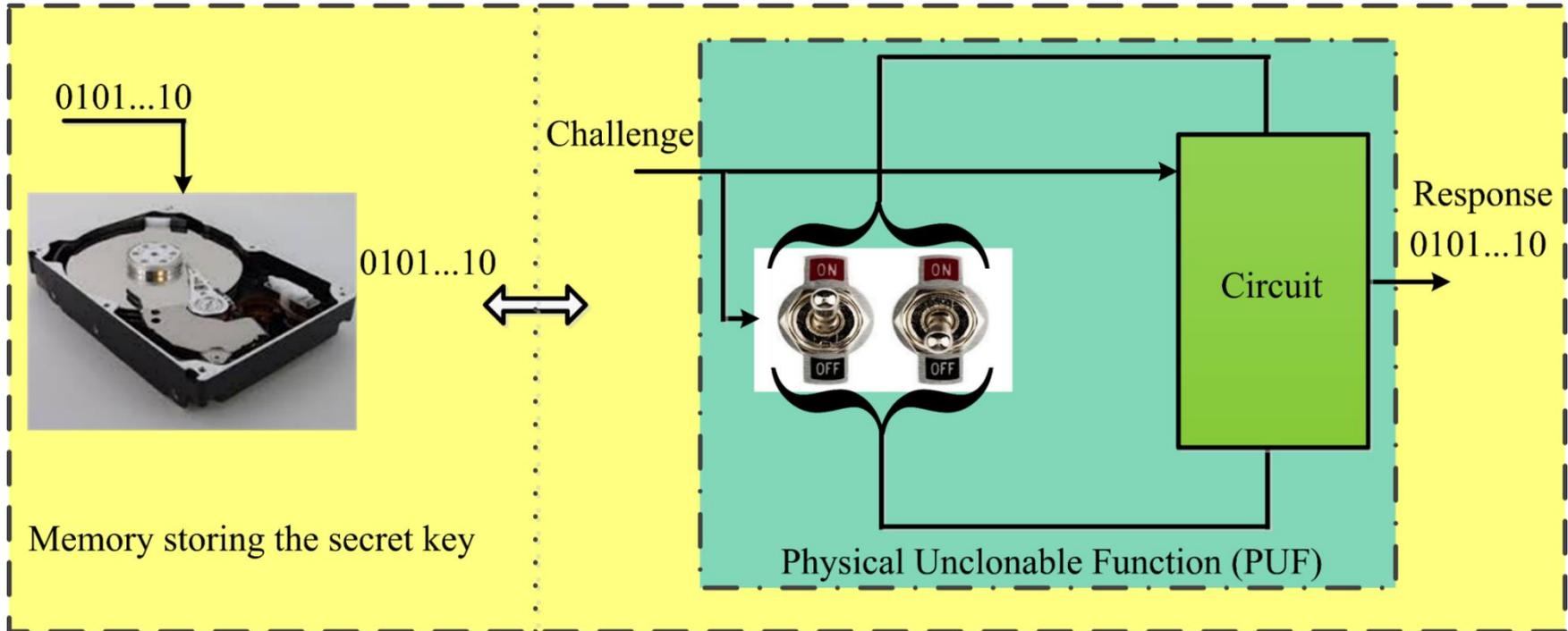
PUFs don't store keys in digital memory, rather derive a key based on the physical characteristics of the hardware; thus secure.

Source: S. Joshi, S. P. Mohanty, and E. Kougianos, "Everything You Wanted to Know about PUFs", *IEEE Potentials Magazine*, Volume 36, Issue 6, November-December 2017, pp. 38--46.

# Principle of Generating Multiple Random Response using PUF



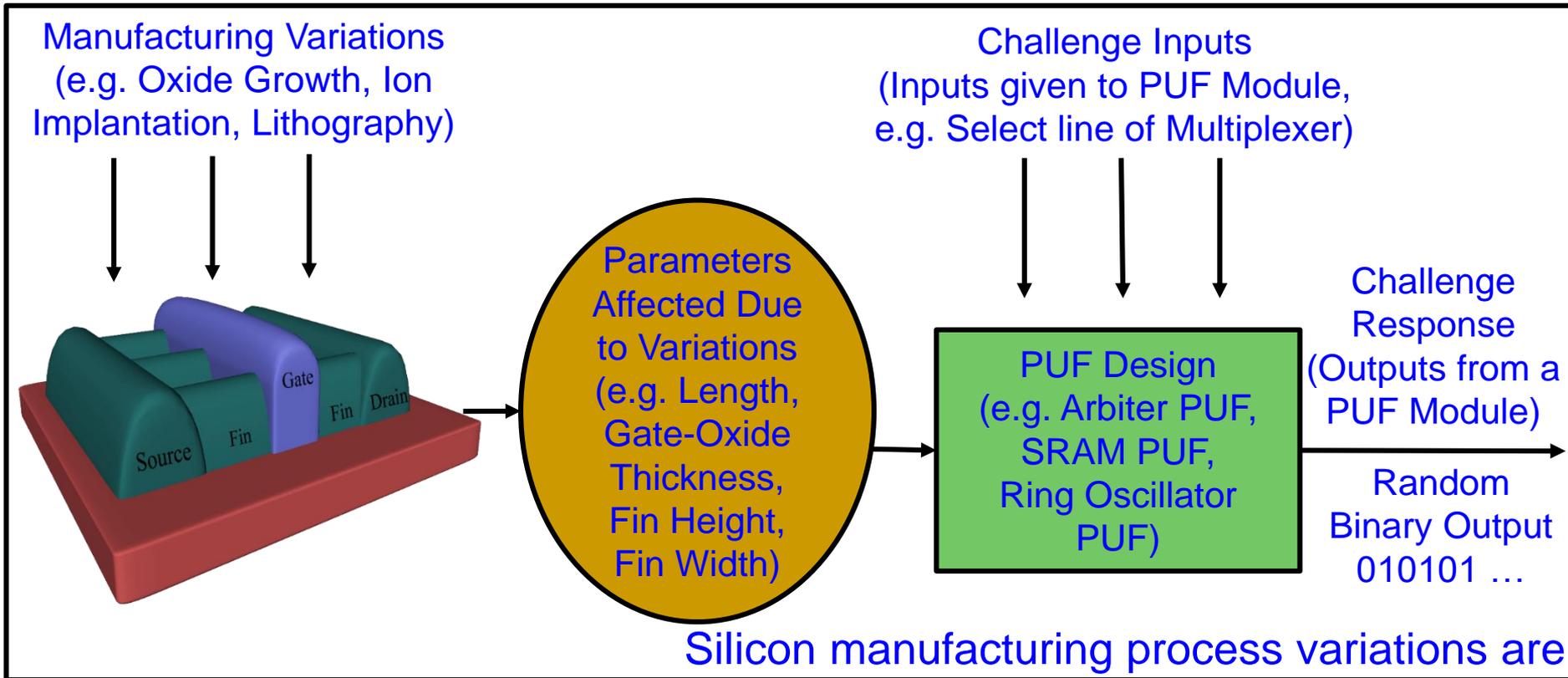
# PUFs Don't Store Keys



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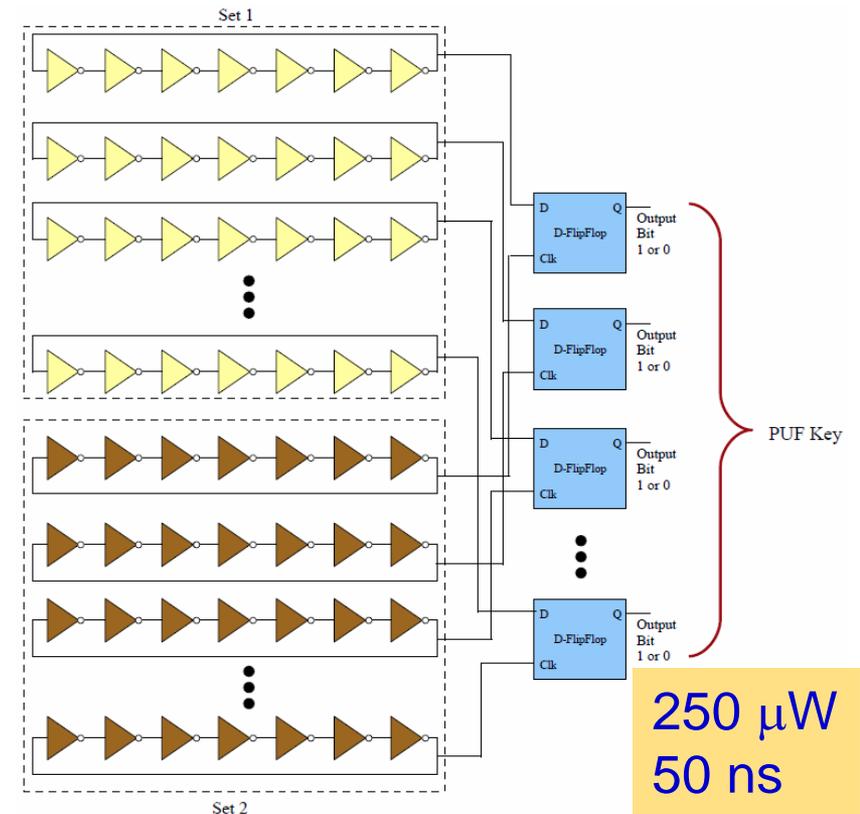
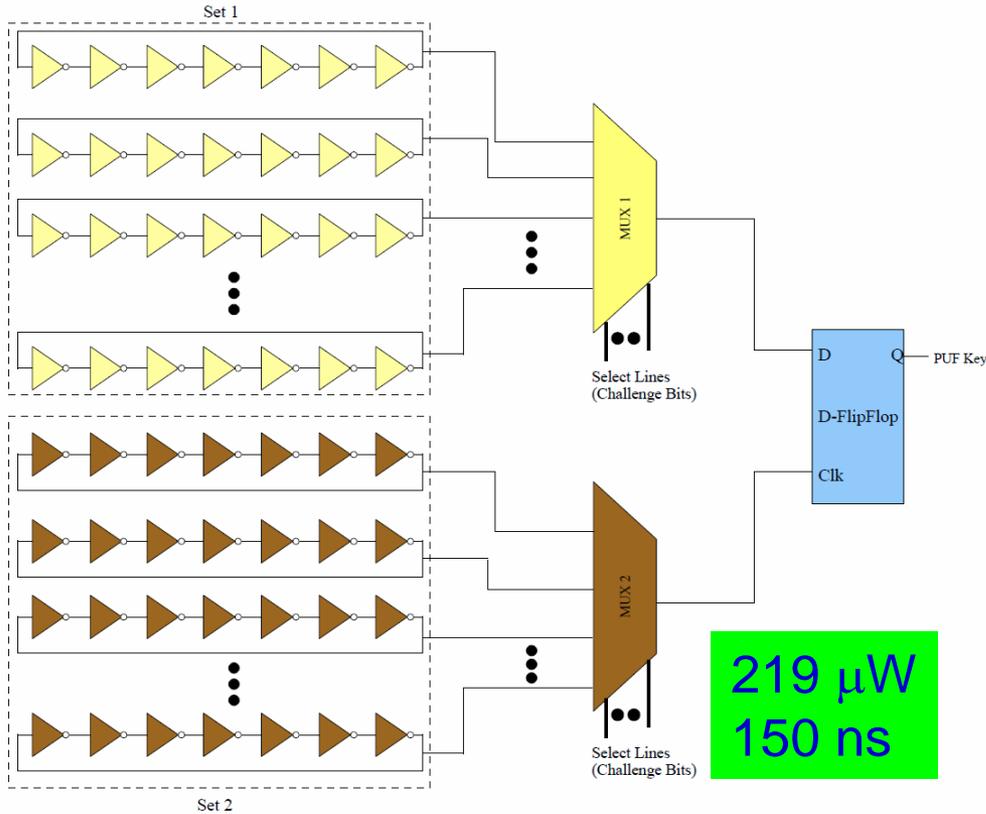
# PUF - Principle



Silicon manufacturing process variations are turned into a feature rather than a problem.

Source: V. P. Yanambaka, S. P. Mohanty, and E. Kougianos, "Making Use of Semiconductor Manufacturing Process Variations: FinFET-based Physical Unclonable Functions for Efficient Security Integration in the IoT", *Springer Analog Integrated Circuits and Signal Processing Journal*, Volume 93, Issue 3, December 2017, pp. 429--441.

# PUFs- Varieties and their Designs

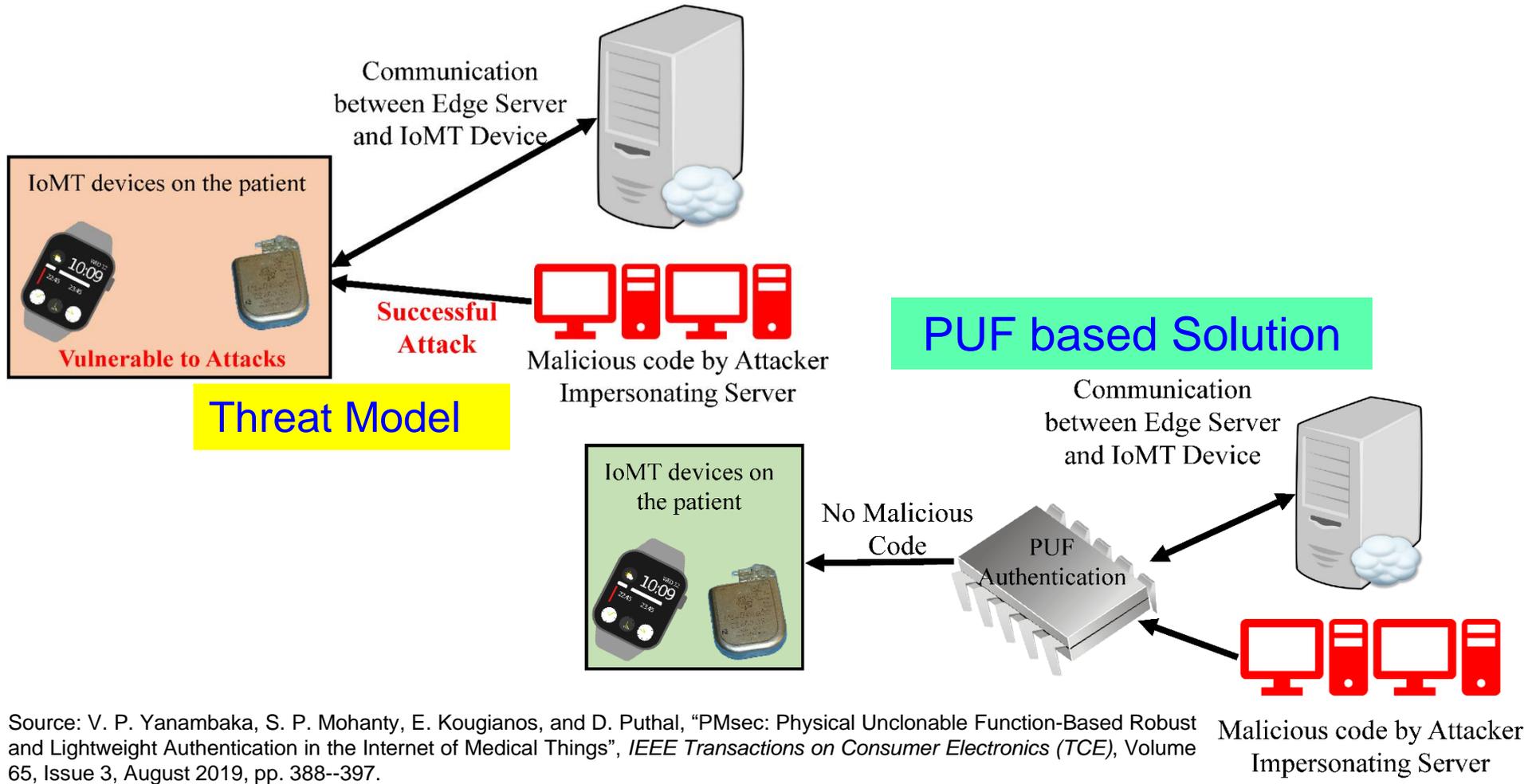


Power Optimized Hybrid Oscillator Arbiter PUF  
**Suitable for Healthcare CPS**

Speed Optimized Hybrid Oscillator Arbiter PUF  
**Suitable for Transportation and Energy CPS**

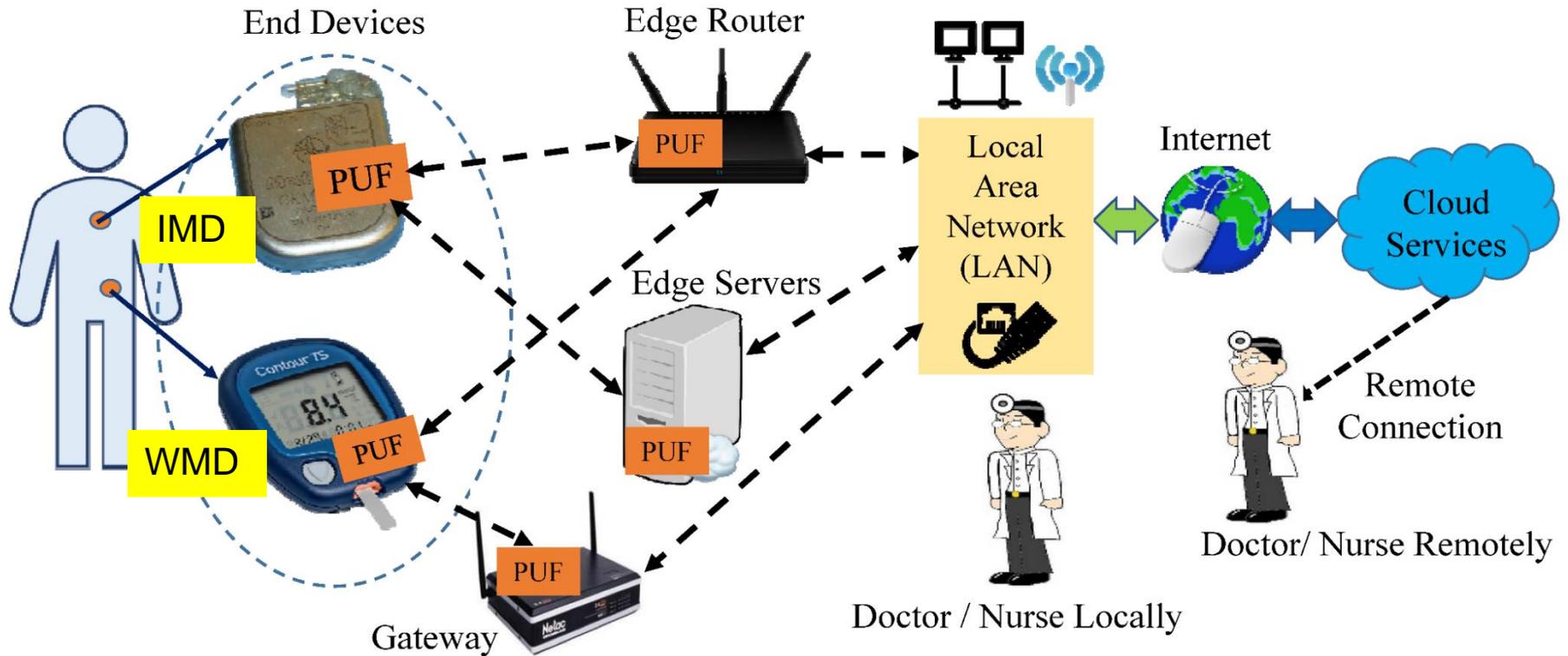
Source: V. P. Yanambaka, S. P. Mohanty, and E. Kougianos, "Making Use of Semiconductor Manufacturing Process Variations: FinFET-based Physical Unclonable Functions for Efficient Security Integration in the IoT", *Springer Analog Integrated Circuits and Signal Processing Journal*, Volume 93, Issue 3, December 2017, pp. 429--441.

# Secure Design Approach for Robust Security in Healthcare CPS



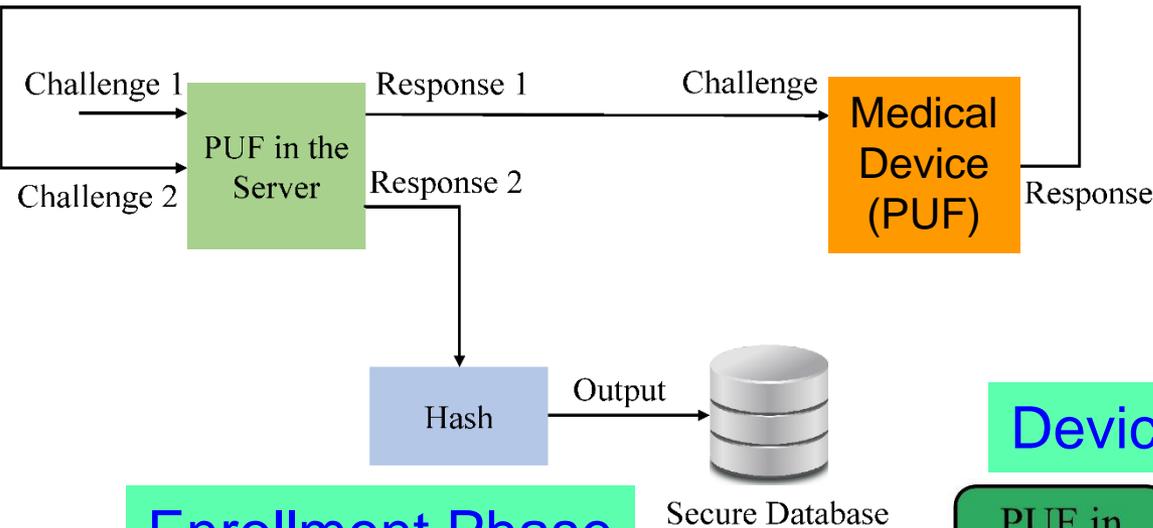
Source: V. P. Yanambaka, S. P. Mohanty, E. Kougianos, and D. Puthal, "PMsec: Physical Unclonable Function-Based Robust and Lightweight Authentication in the Internet of Medical Things", *IEEE Transactions on Consumer Electronics (TCE)*, Volume 65, Issue 3, August 2019, pp. 388--397.

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# Proposed PMsec

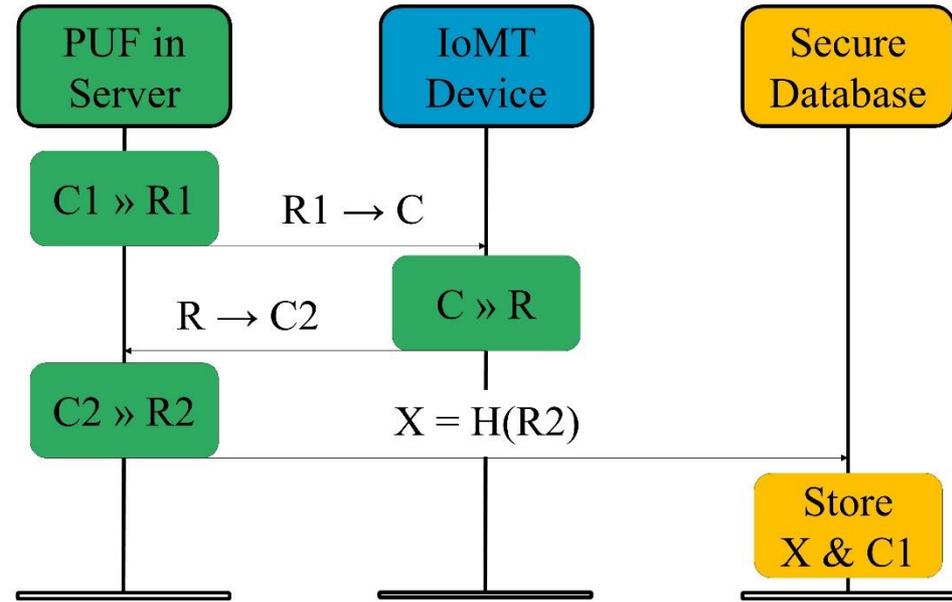


At the Doctor  
 ➤ as a new Device comes for an User

## Enrollment Phase

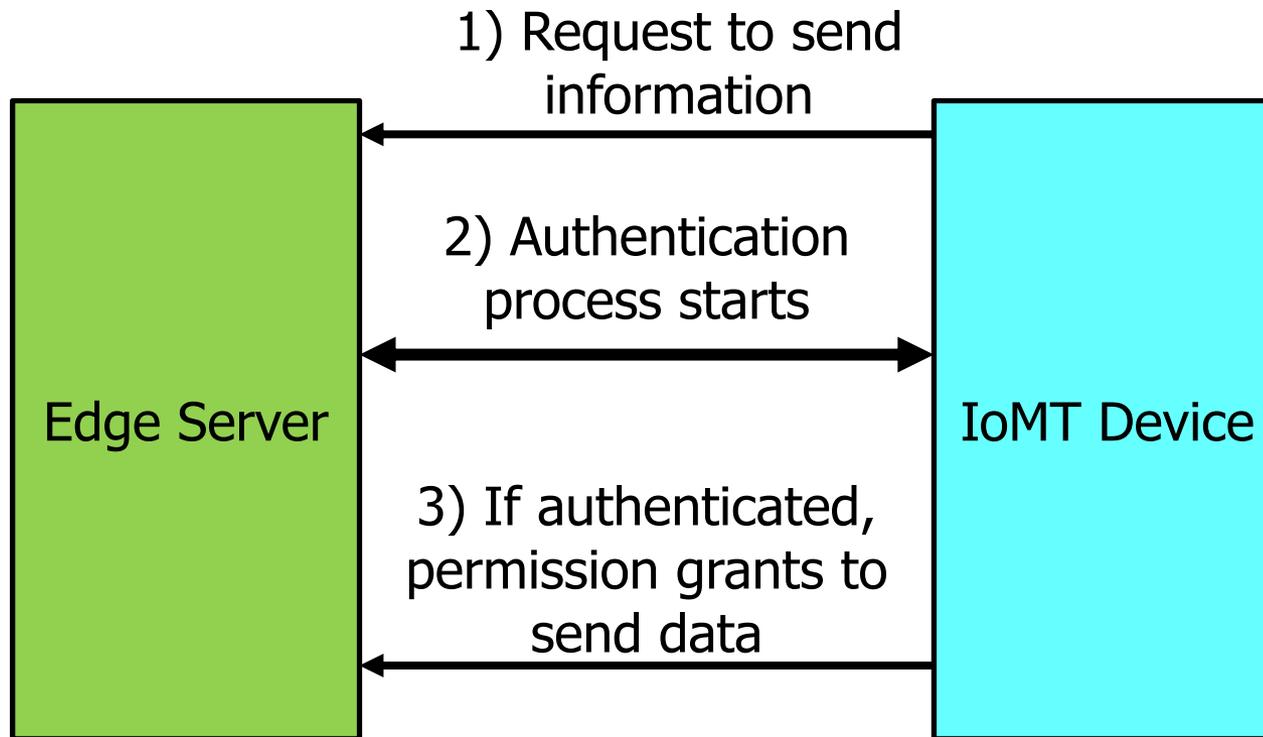
PUF Security Full Proof:  
 ➤ Only server PUF Challenges are stored, not Responses  
 ➤ Impossible to generate Responses without PUF

## Device Registration Procedure



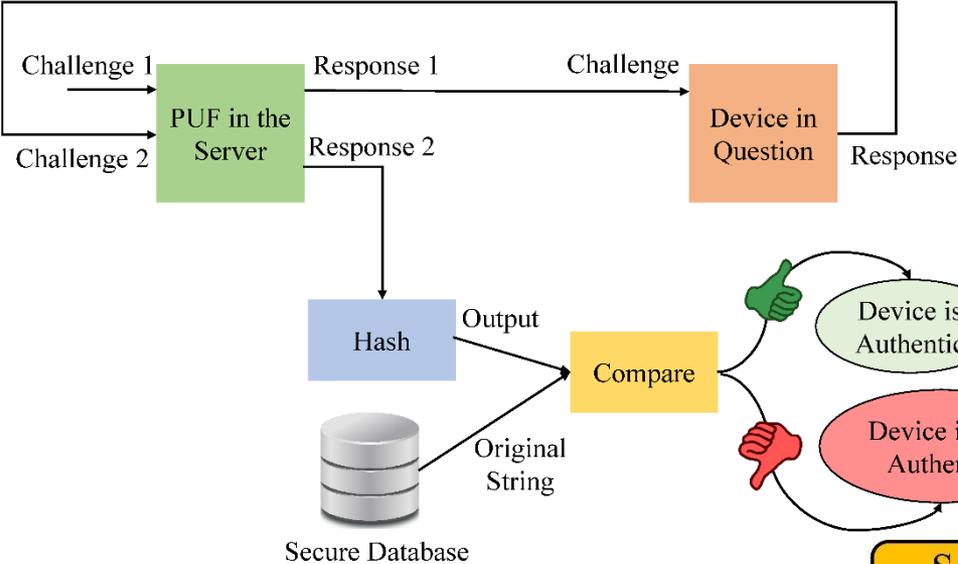
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# Proposed PMsec



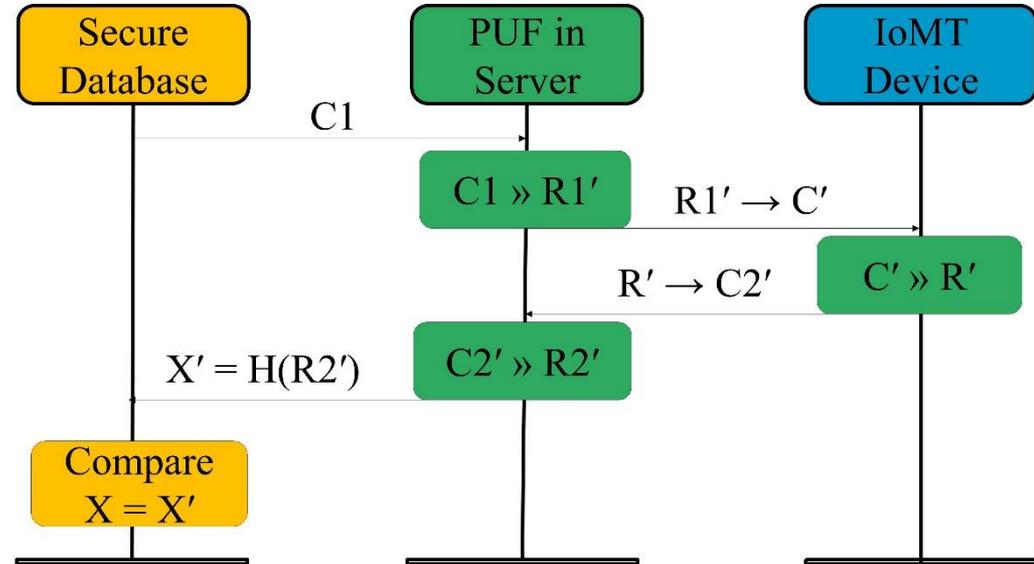
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# Proposed PMsec



## Authentication Phase

## Device Authentication Procedure



PMsec



Source: V. P. Yanambaka, S. P. Mohanty, E. Kougianos, and D. Puthal, "PMsec: Physical Unclonable Function-Based Robust and Lightweight Authentication in the Internet of Medical Things", *IEEE Transactions on Consumer Electronics (TCE)*, Volume 65, Issue 3, August 2019, pp. 388--397.

# PMsec in Action

## -----Enrollment Phase-----

Generating the Keys  
Sending the keys to the Client  
Receiving the Keys from the client  
Saving the database

Output from Server  
during Enrollment

>>>

COM4

Output from IoT Device

|  Ser

```
Hello
Received Key from the Server
Generating PUF Key
PUF Key : 1011100001011100101111000101111000101101001101110010100101000011
Sending key for authentication
```

>>>

Hello

Output from Server during Authentication

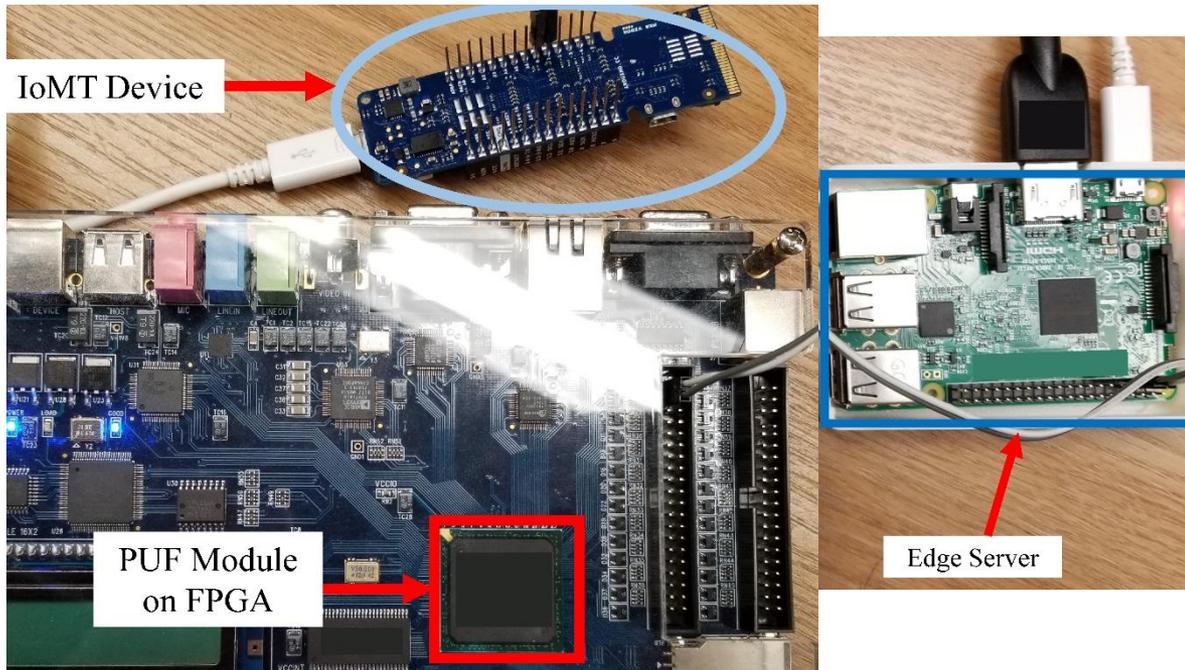
## -----Authentication Phase-----

```
Input to the PUF at server : 01001101
Generating the PUF key
Sending the PUF key to the client
PUF Key from client is 1011100001011100101111000101111000101101001101110010100101000011
SHA256 of PUF Key is : 580cdc9339c940cdc60889c4d8a3bc1a3c1876750e88701cbd4f5223f6d23e76
Authentication Successful
```

>>>

Source: V. P. Yanambaka, S. P. Mohanty, E. Kougianos, and D. Puthal, "PMsec: Physical Unclonable Function-Based Robust and Lightweight Authentication in the Internet of Medical Things", *IEEE Transactions on Consumer Electronics (TCE)*, Volume 65, Issue 3, August 2019, pp. 388--397.

# PMsec Module



Average Power Overhead –  
~ 200  $\mu$ W

Proposed Approach Characteristics	Value (in a FPGA / Raspberry Pi platform)
Time to Generate the Key at Server	800 ms
Time to Generate the Key at IoMT Device	800 ms
Time to Authenticate the Device	1.2 sec - 1.5 sec

Source: V. P. Yanambaka, S. P. Mohanty, E. Kougianos, and D. Puthal, "PMsec: Physical Unclonable Function-Based Robust and Lightweight Authentication in the Internet of Medical Things", *IEEE Transactions on Consumer Electronics (TCE)*, Volume 65, Issue 3, August 2019, pp. 388--397.

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# Conclusions

- Existing security solutions have serious overheads and may not even run in the end-devices (e.g. a medical device) of CPS/IoT.
- Security, Privacy, IP rights are important problems in Cyber-Physical Systems (CPS).
- Various elements and components of CPS including Data, Devices, System Components, AI need security.
- Solutions are possible for both software and hardware-based attacks.
- Security in H-CPS, E-CPS, and T-CPS, etc. can have serious consequences.
- Hardware-Assisted Security (HAS): Security provided by hardware for: (1) information being processed, (2) hardware itself, (3) overall system. HAS/SbD advocate features at early design phases, no-retrofitting.

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# Future Directions

Our future research interests include:

- Privacy and/or Security by Design (PbD or SbD).
- Security, Privacy, IP Protection of Information and System (in Cyber-Physical Systems or CPS).
- Security of systems (e.g. Smart Healthcare device/data, Smart Grid, UAV, Smart Cars).
- Sustainable Smart City: needs sustainable IoT/CPS
- Internet-of-Everything (IoE) is the domain in which humans are active parts.

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